

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All Items Prepared Fresh Daily in the Opaa! Kitchen</p> <p>All grains offered are Whole Grain-Rich</p> <p>KEY:</p> <p> = Farm Fresh Product</p> <p> = May contain peanuts</p> <p> = Pork</p>	<p>Harvest</p>  <p>of the Month</p>	<p>Don't forget to take the</p> <p>"Extreme Fruit and Vegetable Challenge"</p> <p><i>this month!</i></p>	 <p>Opaa! designs elementary menus to meet the nutrition targets for</p> <p>HealthierUS School Challenge!</p>	 <p>Opaa! is proud to provide farm fresh, locally-grown products whenever they are available.</p> <p>Partnering with us in this endeavor are the following</p> <p>Hamra Farms Farhmeier Farms Rasa Orchard Value Added Products</p>
<p>3</p> <ul style="list-style-type: none"> • Pancakes w/ Fruit Topping, Pears, Fruit Juice • Cereal, Yogurt, Pears, Fruit Juice • Oatmeal, Yogurt, Pears, Fruit Juice 	<p>4</p> <ul style="list-style-type: none"> • Scrambled Eggs, Toast & Jelly, Apple , Fruit Juice • Cereal, Toast & Jelly, Apple , Fruit Juice • Oatmeal, Toast & Jelly, Apple , Fruit Juice 	<p>5</p> <ul style="list-style-type: none"> • Cinnamon Roll, Peaches, Fruit Juice • Cereal, Yogurt, Peaches, Fruit Juice • Oatmeal, Yogurt, Peaches, Fruit Juice 	<p>6</p> <ul style="list-style-type: none"> • Sausage Pancake on Stick , Pineapple, Fruit Juice • Cereal, Cinnamon Toast, Pineapple, Fruit Juice • Oatmeal, Cinnamon Toast, Pineapple, Fruit Juice 	<p>7</p> <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Strawberries, Fruit Juice • Cereal, Yogurt, Strawberries, Fruit Juice • Oatmeal, Yogurt, Strawberries, Fruit Juice
<p>10</p> <ul style="list-style-type: none"> • Chocolate French Toast, Applesauce, Fruit Juice • Cereal, Yogurt, Applesauce, Fruit Juice • Oatmeal, Yogurt, Applesauce, Fruit Juice 	<p>11</p> <ul style="list-style-type: none"> • Pancake Sausage Griddle , Apple , Fruit Juice • Cereal, Cinnamon Toast, Apple , Fruit Juice • Oatmeal, Cinnamon Toast, Apple , Fruit Juice 	<p>12</p> <ul style="list-style-type: none"> • Blueberry Sweet Roll w/ Lemon Glaze, Grapes, Fruit Juice • Cereal, Yogurt, Grapes, Fruit Juice • Oatmeal, Yogurt, Grapes, Fruit Juice 	<p>13</p> <ul style="list-style-type: none"> • Scrambled Eggs, Toast & Jelly, Peaches, Fruit Juice • Cereal, Toast & Jelly, Peaches, Fruit Juice • Oatmeal, Toast & Jelly, Peaches, Fruit Juice 	<p>14 No School</p>
<p>17 No School</p>	<p>18</p> <ul style="list-style-type: none"> • Scrambled Eggs, Toast & Jelly, Pineapple, Fruit Juice • Cereal, Toast & Jelly, Pineapple, Fruit Juice • Oatmeal, Toast & Jelly, Pineapple, Fruit Juice 	<p>19</p> <ul style="list-style-type: none"> • Cinnamon Roll, Peaches, Fruit Juice • Cereal, Yogurt, Peaches, Fruit Juice • Oatmeal, Yogurt, Peaches, Fruit Juice 	<p>20</p> <ul style="list-style-type: none"> • Sausage Pancake on Stick , Strawberries, Fruit Juice • Cereal, Cinnamon Toast, Strawberries, Fruit Juice • Oatmeal, Cinnamon Toast, Strawberries, Fruit Juice 	<p>21</p> <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Banana, Fruit Juice • Cereal, Yogurt, Banana, Fruit Juice • Oatmeal, Yogurt, Banana, Fruit Juice
<p>24</p> <ul style="list-style-type: none"> • French Toast Sticks, Orange Smiles, Fruit Juice • Cereal, Yogurt, Orange Smiles, Fruit Juice • Oatmeal, Yogurt, Orange Smiles, Fruit Juice 	<p>25</p> <ul style="list-style-type: none"> • Pancake Sausage Griddle , Pears, Fruit Juice • Cereal, Cinnamon Toast, Pears, Fruit Juice • Oatmeal, Cinnamon Toast, Pears, Fruit Juice 	<p>26</p> <ul style="list-style-type: none"> • Cinnamon Roll, Grapes, Fruit Juice • Cereal, Yogurt, Grapes, Fruit Juice • Oatmeal, Yogurt, Grapes, Fruit Juice 	<p>27</p> <ul style="list-style-type: none"> • Breakfast Sliders, Apple , Fruit Juice • Cereal, Toast & Jelly, Apple , Fruit Juice • Oatmeal, Toast & Jelly, Apple , Fruit Juice 	<p>28</p> <ul style="list-style-type: none"> • Biscuits & Gravy, Sausage , Banana, Fruit Juice • Cereal, Yogurt, Banana, Fruit Juice • Oatmeal, Yogurt, Banana, Fruit Juice



This institution is an equal opportunity provider.

Opaa! menus are created in accordance with USDA Regulation for Healthy, Hunger-Free Kids Act.
 Choice of fat-free (unf avored or f avored) and unf avored low-fat milk offered daily.

• Menus subject to change. •

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<p>All Items Prepared Fresh Daily in the Opaa! Kitchen All grains offered are Whole Grain-Rich</p> <p>KEY:  = Farm Fresh Product  = May contain peanuts  = Pork</p>	 <p>Opaa! designs elementary menus to meet the nutrition targets for</p> <h3>HealthierUS School Challenge!</h3>	 <p>Opaa! is proud to provide farm fresh, locally-grown products whenever they are available.</p> <p>Partnering with us in this endeavor are the following</p> <p>Hamra Farms Farhmeier Farms Rasa Orchard Value Added Products</p>	<p>Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered DAILY!</p>	<p>³ Don't forget to take the</p> <p>"Extreme Fruit and Vegetable Challenge"</p> <p><i>this month!</i></p>
<p>3</p> <ul style="list-style-type: none"> • Popcorn Chicken w/ Italian Bread • Sloppy Joes Fresh Garden Salad, Steamed Broccoli, Apple , Cinnamon Apple Slices • Mandarin Orange Chicken Salad, Steamed Broccoli, Apple , Cinnamon Apple Slices, Italian Bread 	<p>4</p> <ul style="list-style-type: none"> • BBQ Pork on Bun  • Beef Enchiladas Baked Beans, Fresh Garden Salad, Mandarin Oranges, Grapes • Taco Salad, Baked Beans, Mandarin Oranges, Grapes, Cornbread 	<p>5</p> <ul style="list-style-type: none"> • Chicken Patty • Hamburger Steak Mashed Potatoes w/ Gravy, Green Beans, Pineapple, Orange Smiles, Hot Roll • Strawberry Chicken Salad, Mashed Potatoes w/ Gravy, Pineapple, Orange Smiles, Hot Roll 	<p>6</p> <ul style="list-style-type: none"> • Hot Dog • Korean BBQ Pork Tacos  • Fresh Garden Salad, French Fries, Apple , Pears • Cobb Salad, Apple , Pears, Fruit Streusel Muffin 	<p>7</p> <ul style="list-style-type: none"> • Tony's Pizza  • Pepperoni Calzone Fresh Garden Salad, Baby Carrots w/ Dip, Tropical Fruit, Banana • Popcorn Chicken Salad, Baby Carrots w/ Dip, Tropical Fruit, Banana, Fruit Streusel Muffin
<p>10</p> <ul style="list-style-type: none"> • Chicken Nuggets w/ Italian Bread • Beef & Noodles w/ Italian Bread Fresh Garden Salad, Corn, Applesauce, Orange Smiles • Mandarin Orange Chicken Salad, Corn, Applesauce, Orange Smiles, Italian Bread 	<p>11</p> <ul style="list-style-type: none"> • Cheeseburger • Stuffed Taco Tater Tots, Fresh Garden Salad, Mandarin Oranges, Grapes • Cobb Salad, Mandarin Oranges, Grapes, Fruit Streusel Muffin 	<p>12 Spring Feast</p> <ul style="list-style-type: none"> • Baked Ham  • Chicken Patty Mashed Potatoes w/ Gravy, Glazed Carrots, Hot Roll, Apple , Peaches, Lemon Crinkle Cookie • Strawberry Chicken Salad, Mashed Potatoes w/ Gravy, Hot Roll, Apple , Peaches, Lemon Crinkle Cookie 	<p>13</p> <ul style="list-style-type: none"> • Cheese Pizza • Corn Dog Fresh Garden Salad, Fresh Broccoli w/ Dip, Pineapple, Orange Smiles • Popcorn Chicken Salad, Fresh Broccoli w/ Dip, Pineapple, Orange Smiles, Fruit Streusel Muffin 	<p>14 No School</p>
<p>17 No School</p>	<p>18</p> <ul style="list-style-type: none"> • Chicken Soft Tacos • Pizza Quesadilla Fresh Garden Salad, Refried Beans, Fresh Melon , Orange Pineapple Mix • Taco Salad, Refried Beans, Fresh Melon , Orange Pineapple Mix, Cornbread 	<p>19</p> <ul style="list-style-type: none"> • Chicken Patty • Baked Ham  • Mashed Potatoes w/ Gravy, Corn, Apple , Pears, Hot Roll • Strawberry Chicken Salad, Corn, Pears, Apple , Hot Roll 	<p>20</p> <ul style="list-style-type: none"> • Cheeseburger • Grilled Chicken Sandwich French Fries, Fresh Garden Salad, Applesauce, Orange Smiles • Cobb Salad, Applesauce, Orange Smiles, Fruit Streusel Muffin 	<p>21</p> <ul style="list-style-type: none"> • Pepperoni Pizza • Peanut Butter & Jelly  w/ Yogurt Fresh Garden Salad, Baby Carrots w/ Dip, Strawberry Banana Mix, Banana • Popcorn Chicken Salad, Baby Carrots w/ Dip, Banana, Fresh Fruit , Fruit Streusel Muffin
<p>24</p> <ul style="list-style-type: none"> • Chicken & Waffles • Mozzarella Dunkers w/ Marinara Fresh Garden Salad, Steamed Broccoli, Cinnamon Apple Slices, Orange Smiles • Mandarin Orange Chicken Salad, Steamed Broccoli, Cinnamon Apple Slices, Orange Smiles, Italian Bread 	<p>25</p> <ul style="list-style-type: none"> • Hot Dog • Turkey Burger French Fries, Fresh Garden Salad, Mandarin Oranges, Grapes • Cobb Salad, Mandarin Oranges, Grapes, Fruit Streusel Muffin 	<p>26</p> <ul style="list-style-type: none"> • Chicken Patty • Roasted Pork  • Mashed Potatoes w/ Gravy, Green Beans, Pineapple, Apple , Hot Roll • Strawberry Chicken Salad, Mashed Potatoes w/ Gravy, Pineapple, Apple , Hot Roll 	<p>27</p> <ul style="list-style-type: none"> • Super Nachos • Chicken Enchilada w/ White Queso Fresh Garden Salad, Refried Beans, Pears, Orange Smiles • Taco Salad, Refried Beans, Pears, Orange Smiles, Cornbread 	<p>28</p> <ul style="list-style-type: none"> • Tony's Pizza  • Parmesan Chicken Sandwich Fresh Garden Salad, Corn, Tropical Fruit, Banana • Popcorn Chicken Salad, Corn, Tropical Fruit, Banana, Fruit Streusel Muffin

